

DIKINAAGAN/CRADLEBOARD WORKSHOP

August 4-8, 2014



Only
\$50

WORKSHOP DATES & PROGRAM:

Pre-registration is required • Space is limited
Each workshop is 5-days from 5pm – 7pm at the Ziibiwing Center.

Monday: 5pm – 7pm

Overview: Show PowerPoint, pattern, and cradleboards
Review supplies needed to complete the cover. Make and discuss the Willow Dream Catcher.

Tuesday: 5pm – 7pm

Gender Teachings: Male & Female Energy Balance
Start designing the cover

Wednesday: 5pm – 7pm (Anishinabemowindaa!)

Start sewing the covers
Learn and practice lullabies

Thursday: 5pm – 7pm (Ininiwaq)

Demonstration: Head bow making (Male role) and the backboard
Women continue making the cover

Friday: 5pm - 8pm

Traditional teachings
Attach the cover to the backboard
Group photos

NAME (Please print first & last): _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

AGE: _____ No. of participants x \$50/ea. = _____ (TOTAL)

PHONE: _____

EMAIL: _____

Save your spot today – Complete this registration form and send your check or money order to the Ziibiwing Center, c/o Cradleboard Workshop, 6650 E. Broadway, Mt. Pleasant, MI, 48858, or call Dorothea at (989) 775-4750 and register over the phone. Only credit card payments will be accepted with phone registration. No refunds- all payments are final. You will be contacted once your registration is processed. Miigwetch (Thank you) for supporting the Ziibiwing Center!



ZIIBIWING CENTER
of Anishinabe Culture & Lifeways

THE MIDWEST'S PREMIER AMERICAN INDIAN MUSEUM
OPEN MONDAY THRU SATURDAY 10AM-6PM
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PH: 1.800.225.8172 EXT. 1-54750 • WWW.SAGCHIP.ORG/ZIIBIWING

August 4-8, 2014

5-7pm

Space limited

**Accepting first
10 registrants!**

Minimal \$50 fee

**Workshop includes
cultural teachings,
cradleboard backboard,
and Anishinabemowin!**

*For supplies list, agenda
and registration form visit
www.sagchip.org/ziibiwing
or call 989.775.4750*



CRADLEBOARD WORKSHOP **DIKINAAGAN**



ZIIBIWING CENTER
of Anishinabe Culture & Lifeways
The Saginaw Chippewa Indian Tribe of Michigan

THE MIDWEST'S PREMIER AMERICAN INDIAN MUSEUM
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Dikinaagan Materials and Supplies:

Supplies:

- 1.5 yards of material (velvet, cotton, suede cloth, fleece, etc.)
- 1.5 yards of flannel, cotton, or moleskin for the liner.
- 1.5 yards of interfacing (light weight, sew-in)
- 1 yard of wonder-under if you are doing appliqué work. (Only if doing appliqué designs)



- 2 packs of eyelets/grommets.
- Thread(s) to match your material.
- Extra wide double fold bias tape (Optional-2 packs if you want this on the edges of your covering)
- 2 yards-Leather shoe lace, rope or cording to lace up your cradleboard
- Crib padding or 1/2inch to 3/4 inch thick foam for mattress and backpack straps (1 yard at least 14 inches wide)
- 2-Parachute buckles (2, 1 inch wide)
- Straps (belt webbing, 1 inch wide X 3 yards)
- 2 packs-Upholstery tacks (if tacking to board or for decoration)
- 1-Leather or large eye needle (We have some)
- Sinew

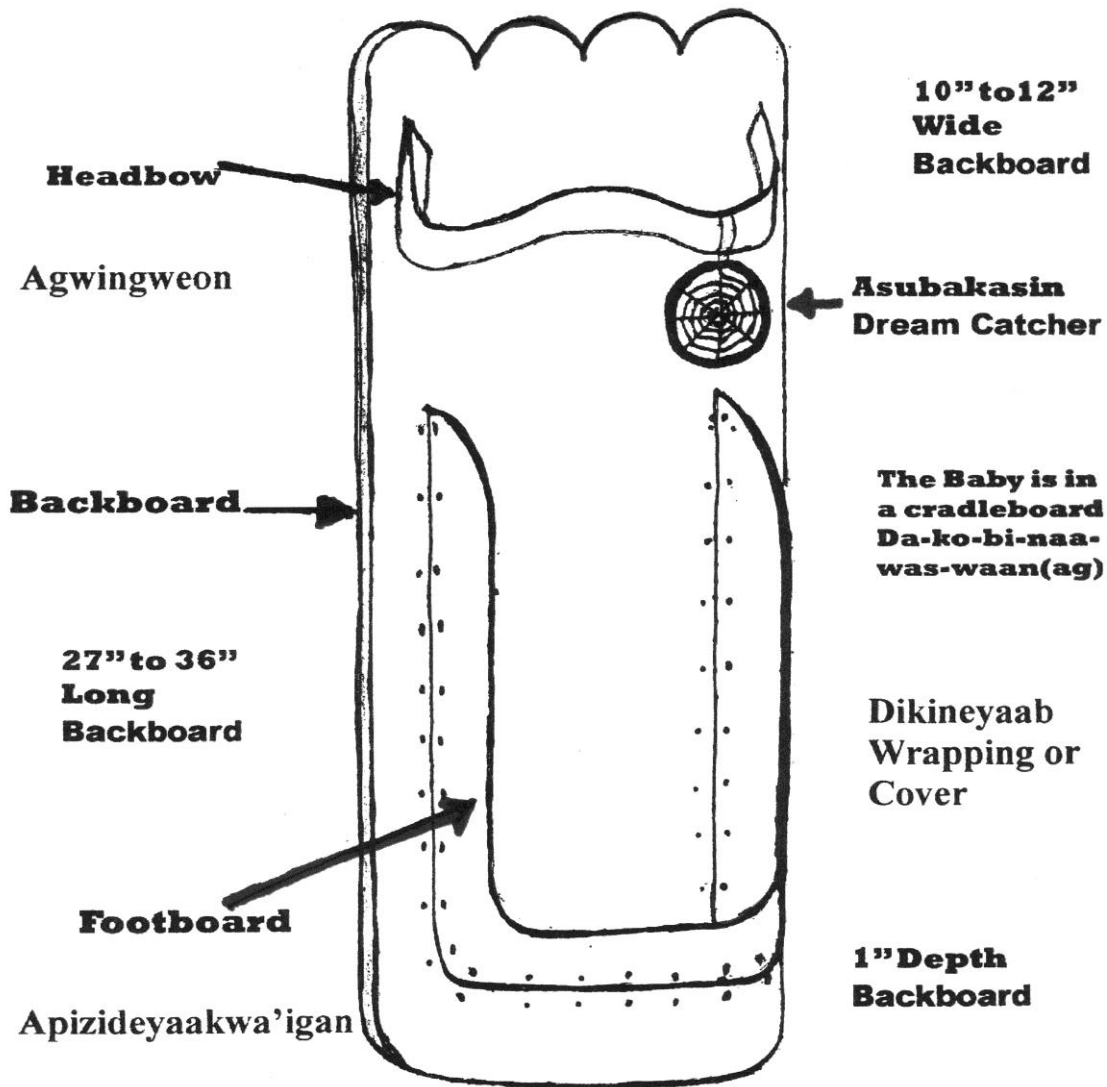
Tools:

- Pliers (We have some)
- Scissors (We have some)
- Hammer
- Hole puncher
- Cordless drill



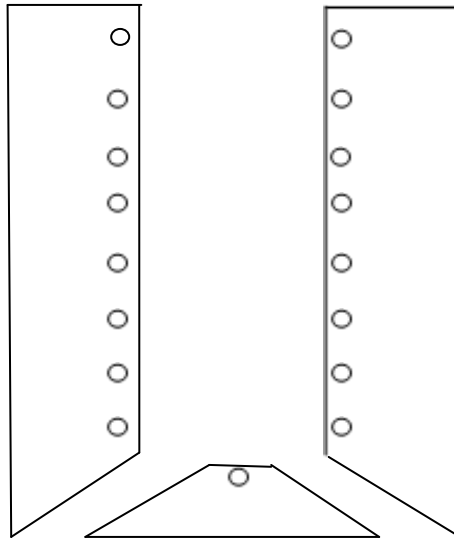
Dikinaagan Directions:

Dikinaagan Cradleboard



This is a picture of the backboard of the cradleboard.

1. If using a iron on interfacing, iron to fabric's wrong side. Cut out pattern pieces (cut our lining material and outer fabric material if now using iron on interfacing).



2. Sew the three pieces together of the outer material (It should resemble a horse shoe shape). Sew the lining material and interfacing materials all at once.
3. Place the two horseshoe shapes back to back with the wrong sides showing. Sew up the sides of the horseshoe.
4. Turn material out so the correct sides are showing.
5. Lay fabric covering on the backboard to determine where to cut & sew the ends/tops. Should lie below headbow. Cut off excess materials.
6. Turn under or edge with your bias tape to finish the top edge. Sew across the top.
7. Put in the grommets along the inside edges of the "U". The pattern pieces above show the location of the holes. You are now ready to attach the covering to the backboard.
8. Draw the markings on your backboard, where you will either drill or tack the cover to the backboard.
 - A. You can attach your covering with upholstery tacks along the thin edges/sides of the backboard.
 1. Find the center of your cover and mark this with a pencil. Find the center of the bottom board and mark this with a pencil.
 2. Pick up on tack and push through your mark on the covering. Next, align it up to the mark on the bottom board. Gently hammer the tack into the wood. Go slow and try not to angle the tack or bend it.
 3. Measure and mark about every 1.5 inches on the covering and along the rim of the backboard (bottom and sides) up to the hole drilled for the headbow. These markings will be to place the tacks. You will gently use a hammer to tack the



material onto the backboard. Work your way from the middle and up one side. Next, complete the other side.

B. Drill holes if attaching the Dikinaagan covering permanently by sewing it on. You may need to punch holes in your covering if you want to lace the boards together the board with leather.

1. Find the center of your cover and mark this with a pencil. Find the center of the backboard and mark this with a pencil.

Measure and mark about every inch on the covering and along the edge of the front side of the backboard (across the bottom and sides) up to the hole drilled for the headbow. These markings are for drilling small holes to help you sew the covering on easily.

Thread your leather/large eye needle with sinew or leather.

2. Drill holes on your backboard where you made your marks.

3. Mark your covering along the outer edges every inch.

Place the outer-edge of your covering between the backboard and foot board if "U" shaped otherwise place it under the small rectangle footboard.

3. Lace the cover to the backboard. Work your way from the middle of your cover and the middle of the bottom of the backboard. Work/sew your way from the middle and up one side. Begin sewing in the center of the bottom of the backboard (below the foot board). Fold material in half to find center of material and begin sewing here. Work way up one side and do second side. Stop just below the hole drilled for the headbow. Next, complete the other side.

9. Lace up your cradle board once you have attached it to the backboard. Start by looping your lacing through the center bottom hole. Lace up like you would your shoes.

10. Mattress Direction:

A. Cut a large square shape from your fabric. Sew into a pillow case shape.

Insert foam/crib padding.

11. Back Pack Directions:

12. Headbow Bonnet:

Dikinaagan Workshop Agenda

Ziibiwing Center August 4th-8th, 2014

5:00pm to 7:00pm

This workshop is open to ten participants. The goal of this workshop is to assist community members in making their Dikinaagan while instilling the skills needed to use the cradleboard with ease. Together we mentor new parents and help them understand their role as Anishinabe Parents.

Monday: August 4, 2014

Overview-Show power point, pattern, and show cradleboards (collection artifacts and contemporary).

Let participants know what supplies they need to complete the cover.

Willow Dream Catcher-make and explain the teachings. Start sanding the board.

Community Helper(s)-

Tuesday: August 5, 2014

Gender Teachings-Male & Female Energy Balance plus mentoring new parents.

The first stage of life-Things we should know (naming, plants as helpers, cedar bath, needs of infants).

Start the cover (designing)

Community Helper(s)-

Wednesday: August 6, 2014

Anishinabemowindaa!

Start sewing the covers.

Lullabies taught and practiced.

Parents who have used them: Using the Dikinaagan-is it hard to use? When should I use it?
How long should the baby stay in the Dikinaagan?

Services And Programs the tribe offers to help new parents.

Community Helper(s)-

Thursday: August 7, 2014 after the Honoring Healing & Remembering event at Ziibiwing

(Ininiwag) /Male Role and gifts of our family (Story of how Red Arrow would welcome each baby into our family and connect them to Mother Earth.)

Demonstration: Head bow making (Male role) and the backboard.

Women-continue making the cover.

Community Helper(s)-

Friday: August 8, 2014 We will go later on this day to help finish the Dikinaagan (5:00 to 8:00pm)

Traditional teachings about the new spirit/baby and our role as the guide to the new spirit.
Tribal Observer Story about Dikinaagan

Attaching the cover to the backboard.

Group photos.

Community Helper(s)-